Our Services

INTERVENTIONAL PROCEDURES

Precision Guided Diagnostic & Therapeutic Injections:
- Epidural/Selective Spinal Nerve Blocks
- Facet Injections
- Discography

Radiofrequency Ablations:
- SI Joint
- Lumbar/Thoracic/Cervical Facet-Joints
- Disc Biacuplasty

Neuromodulation /Implantable Devices:
- Spinal Cord Stimulator
- Peripheral Nerve Stimulator
- Intrathecal Pain Pump

PAIN MANAGEMENT

- Chronic Opiate Maintenance for qualified patients
- Adjunctive Medications
- Neurofeedback
- Acupuncture

Incorporating a network of

- Physical Therapy
- Massage Therapy
- Chiropractics
- Physiotherapy
- Cognitive Behavioral Therapy
- Counseling
- And More!

Map to Our Office

Our Mission

Our goal is to provide our patients with comprehensive pain management and compassionate care. We understand the burden that chronic pain places on these patients and have made it our mission to help our patients reclaim their life.

Contact us at 541-773-1435
www.touchstonepain.com

On the road to a Pain Free way of life!

2925 Siskiyou Blvd
Medford, OR 97504
Phone: 541-773-1435
Fax: 541-858-6828
Shawn Sills, MD

Medical Director
Touchstone founder, Dr. Shawn M. Sills, is an anesthesiologist and interventional pain physician dedicated to serving his patients and the community. He is passionate about providing his patients with new and innovative options for pain management and understands the burden of chronic pain on his patients as well as their families.

Since moving to Southern Oregon in 2004, Dr. Sills has pioneered interventional pain management and continues to improve his techniques as well as introduce new modalities to chronic pain patients. Dr. Sills is the original founder of Pain Specialists of Southern Oregon and opened his new clinic, Touchstone, in August of 2012.

Education
Bachelor’s Degree:
Graduated June of 1993 Chemistry/Biochemistry at University of California San Diego – Summa Cum Laude Honors
Medical Degree:
Graduated June of 1999 at Loma Linda University School of Medicine
Alpha Omega Alpha Honor Society
Surgical Internship:
Completed June of 2000 at Oregon Health Science University
Anesthesiology Residency:
Completed June of 2003 at Loma Linda University Medical Center
Pain Management Fellowship:
Completed June of 2004 at Loma Linda University Medical Center
Board Certifications:
• American Board of Anesthesiology with subspecialty certification in pain management
• American Board of Pain Medicine
• Fellow of Interventional Pain Practitioners (World Institute of Pain)
• American Board of Interventional Pain Physicians
• American Board of Addiction Medicine

Siri David Alrick, CAS CADCII

Counselor
Siri was born and raised in Silverton, Oregon. He completed his Bachelor’s Degree in Sociology and Psychology in 1971. Between 1974 and 1985, Siri worked with troubled and delinquent youth as a counselor and educator.

In 1985, he began working as an addiction therapist and became a Certified Addiction Specialist (CAS) in 1991. Siri then obtained his Certification as an Alcohol and Drug Counselor (CADCII) in 1996 and has used his training and skills to help people overcome the obstacles of addiction. He is involved in a continuous extensive study of Yoga, relaxation, breathing techniques, guided imagery and energy medicine. In his free time, Siri enjoys spiritual study, hiking and gardening.

Jared Thomas, RN, MSN, NP-C

Jared is board certified by the American Association of Nurse Practitioners as a Family Nurse Practitioner. Jared began nursing as a Licensed Practical Nurse after completing his training at Rogue Community College in 2005. He then went on to receive his Associate of Applied Sciences in Nursing through RCC as well and then moved from long-term care to acute care nursing after passing his Registered Nursing exams in 2007. He went on to complete his undergraduate degree through the University of Great Falls in 2010. Heading the call to provide greater care for his patients, Jared then completed a Master of Science in Nursing degree through Gonzaga University with a focus on Family Nurse Practitioner in 2012. Jared is very interested in the benefits of complementary healing modalities and the role they play in relief from chronic pain injuries. He believes that a life lived to its fullest should be the goal of every provider and patient. Jared seeks to establish strong therapeutic relationships that will allow patients to rediscover their own life’s passions.

Lorry Huebner, PA-C

Physician Assistant
Lorry was born and raised in Fairbanks, Alaska. She attended the University of Alaska. She became a Paramedic for the Anchorage Fire Department and retired in 1992. Subsequently, she returned to school and attended the University of Washington in the Medex Northwest Physician Assistant program and graduated in 1997. Lorry worked as a physician assistant in Dermatology for three years in Anchorage, Alaska before relocating to Southern Oregon in 2000. She then began practicing in retina and vitreous as a physician assistant, where she worked for 7 years. In 2010, Lorry began working in Pain Management. She is focused on helping her patients improve their quality of life. Lorry understands back and neck pain first hand as she has had a lumbar and cervical fusion. Lorry specializes in Pain Relief and has the compassion and care serving her patients.

Dottie Oliveira, MSN, FNP

Family Nurse Practitioner
Dottie began her nursing career in 1990 in the Neonatal Intensive Care Unit at Wake Medical Center in Raleigh, NC. Throughout her career as an RN, she focused mainly on women’s and children’s health areas including 16 years working as a labor & delivery nurse. Dottie relocated with her family to southern Oregon in 2005. She completed her bachelor’s degree at the University of Great Falls in Montana. She reached her most recent academic goal by completing her master’s degree in nursing at Gonzaga University in Spokane, WA in December 2012. Her focus on studying to become a family nurse practitioner was chosen both to broaden her areas of expertise as well as to fulfill her desire to care for patients and families across the lifespan. She began working in pain management in 2013 and enjoys working at Touchstone because of the focus on empowering patients to take an active role in managing their chronic pain.